

Curriculum Vitae

Year of birth: 1987

Nationality: Austrian

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Education

1993-1997	Primary school in Walpersbach
1997-2005	Secondary schools in Katzelsdorf and Wiener Neustadt
2005-2010	Magister's Degree (equiv. to Master's) in Psychology at University of Vienna
09-10/2008	Internship at correctional facility for male adolescents in Gerasdorf
11/2010 – 09/2011	Clinical and Health Psychology Training (BÖP) at State Hospital Neunkirchen (Department of Psychiatry and Psychotherapeutic Medicine)
10/2011 – 06/2012	Basic Psychotherapy Training (Propädeutikum, ÖAGG)
01/2013 – 05/2013	Emergency Psychology and Psychological Crisis Management Training (SFU)
02/2014	Certification for Occupational and Organisational Psychology (GkPP)
03/2014 – 12/2014	Rehabilitation Psychology Training (AAP)
06-09/2024	University Course for Online Counselling (SFU)
01-05/2025	EFT-Practitioner Training (S. Wörner)

Professional Activities

12/2011 – 04/2012	Social educator at Children's Care Center in Pöttlaching
05/2012 – 02/2015	Psychologist at Caritas Day Care Center for people with mental illness
09/2014 – 12/2017	Psychological Counselling and Treatment in private practice

01/2015 – 09/2017	Clinical and Health Psychologist at State Nursing Home Scheiblingkirchen
03/2015 – 12/2025	Clinical and Health Psychologist at University Hospital Neunkirchen (Clinical department for Psychiatry and Psychotherapeutic Medicine)
since 06/2024	Online Psychological Counselling and Treatment in private practice and for Instahelp
since 07/2025	Producer & Podcaster of „Zwischen Tür und Therapie – Psychologische Impulse für zwischendurch“

Intercultural Learning & Self-Development

03/2022 – 02/2023	Travels in Europe, USA, Latin America, Australia and Asia (professional sabbatical)
04/2023 – 03/2024	Travels in Europe, Africa, Asia and Latin America (professional training leave)
04 – 09/2023	Professional Training Leave: qualified Diploma Trainer for communication and expression (Vitalakademie Austria)
10 – 12/2023	Professional Training Leave: certified Mental Trainer for nutrition (Vitalakademie Austria)
01 – 03/2024	Professional Training Leave: certified Trainer for self-exploration (Vitalakademie Austria)

Interests

Travelling, family & friends, psychology & self-development, reading, writing, music, yoga, long-distance hiking

Linguistic Proficiency

German (mother language)
English (fluent)
Spanish (basics)